

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Marilise Vermaak**

Has successfully participated & completed the  
**Short (15+) (400m swim | 19km bike | 6km run) Kaia Manzi  
Rugged Off Road Tri #1**  
held at Kaia Manzi.

**TIME 01:38:39**

**PACE 03:46/km**  
**OVERALL 5 of 28**

**GENDER 1 of 10**  
**40 - 49 1 of 1**

03 February 2019, Sun

Date



*BoutTime*

Signature

